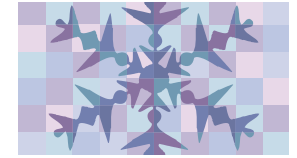


January 2025

Precious Memories Place



SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>Healthy Living Tips: Wash, Brush, Comb! Children and germs go hand in hand.</i></p>	<p>Please be advised that food prepared here may contain these ingredients:</p>	<p>1) Closed Happy New Year</p>	<p>2) Turkey Sandwich on Whole Wheat Green Beans Orange Slices&Milk</p>	<p>3) Cinnamon Pancakes Apple Slices Sunbutter Dip Milk</p>	<p><i>of a healthy life-style in the future. Here are some ideas on how to make teaching Hygiene</i></p>	
<p><i>watch their children play in the sand at the park, stick fingers in their noses and mouths, pick up slimy</i></p>	<p>6) Mac and Cheese Peas Peach Slices Milk</p>	<p>7) Sunbutter and Jelly on Whole Wheat Cucumber Slices Melon Milk</p>	<p>8) Pasta Salad w/ Turkey, Peas& Carrots Pineapple Milk</p>	<p>9) Grilled Cheese on Whole Wheat Broccoli Apple Slices Milk</p>	<p>10)English Muffin Pizzas Green Beans Orange Slices Milk</p>	<p>1. Pretend to be a "germ detective" and use a magnifying glass to examine your child's hands and</p>
<p><i>creatures, and reach for food that's fallen on the ground. Getting preschoolers to take over the</i></p>	<p>13) Pasta w/ Turkey Meatballs Green Beans Apple Sauce Milk</p>	<p>14)Cheese Quesadillas w/ Salsa Broccoli Orange Slices & Milk</p>	<p>15) Cinnamon Pancakes Apple Slices w/ Sunbutter Dip Milk</p>	<p>16) Chicken & Pasta Peas Pineapple Milk</p>	<p>17) Turkey Hot Dogs Baked Beans Melon & Milk</p>	<p><i>teeth. Give him a "secret mission" to wash his hands or brush his teeth. 2. Let your child pick</i></p>
<p><i>scrubbing, and rinsing themselves is an important step in the development of a preschooler's independence.</i></p>	<p>20) Pasta w/ Alfredo Sauce Broccoli Peach Slices Milk</p>	<p>21) Ground Turkey Taco w/Lettuce, Tomato & Cheese Chips Apple Slices & Milk</p>	<p>22) Grilled Cheese on Whole Wheat Carrots Orange Slices Milk</p>	<p>23)Sunbutter and Jelly on Whole Wheat Cucumber Slices Melon Milk</p>	<p>24) Pasta Salad w/ Turkey, Peas, Carrots Pineapple Milk</p>	<p><i>out a special soap and toothpaste at the store that he'll use to wash his hands and body and teeth .</i></p>
<p><i>Teaching basic hygiene concepts to children at a young age will form the groundwork</i></p>	<p>27) American Chop Suey w/ Ground Turkey Peas Apple Sauce & Milk</p>	<p>28)Fish Sticks Sweet Potato Fries Pineapple Milk</p>	<p>29)Chicken & Pasta Broccoli Melon Milk</p>	<p>30)Chicken Nuggets Green Beans Apple Slices Milk</p>	<p>31) Cheese Quesadilla w/Salsa Cucumber Slices Orange Slices Milk</p>	
Breakfast: Cereal, Fruit, Toast, Milk & Juice, Applesauce						
Snacks: Goldfish, Cinnamon Toast Crunch/Cheerios Mix, Wheat Thins, Gerber Fruit Puffs, Fresh Fruit, Yogurt, Craisins, Bananas, Cheese and Crackers, Cucumber and Hummus, Go-gurt						
Whole Milk is All Natural & Free of Growth Hormones						